

# Counselling Supervision: Theory, Skills and Practice. Michael Carroll (Counsellor Trainer and Supervisor)

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This work examines the practical skills needed for setting up a programme of supervision and the theoretical knowledge required. It provides two models: a four-stage model of setting up, maintaining and engaging in supervision; and a model connecting the tasks of supervision with its goals and purposes. It is intended for use by both supervisor and trainee as a means of managing their relationship.

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