



# **Ketogenic Diet: Nutritious Low-Carb, High-Fat Ketogenic Recipes to Heal Your Body and Live Healthy (The Ketogenic Diet and Ketogenic Cookbook Book 1)**

*Cynthia Mitchell*

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**In this Feature Packed Book You'll Get EXCLUSIVE information on:**

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- Ketogenic Diet Recipe Shopping List Notes
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- Ketogenic Dieting on Professional Athletes
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