



# **Your Baby's First Year: Week By Week (Your Pregnancy Series), Second Edition**

*Glade B. Curtis, Judith Schuler*

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Women who used the best-selling *Your Pregnancy Week by Week* have come to love and rely on the same authors to guide them through the mind-boggling changes of their baby's first year. Thoroughly updated and expanded to reflect the latest pediatric guidelines and recommendations, *Your Baby's First Year Week by Week* includes helpful charts and illustrations to help parents understand what they are witnessing and how to care for their baby in a way that supports and encourages his growth. Highlighting the milestones of a baby's social, emotional, intellectual, and physical development on a weekly basis, the book also advises on: Common medical problems Bonding Diapering and dressing baby properly Introducing first foods Playing with baby to develop cognitive, social, and motor skills Sleeping habits Baby gear-carriers, highchairs, swings, cribs Talking to baby

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