



Initiations and Initiates in Tibet

Alexandra David-Neel

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Noted authority discusses mystic rites and doctrines, methods of psychic training among lamas, magicians, yogis, and more. Covered are various kinds of initiations and their aims, role of the spiritual guide and choice of a master, oral instruction, spiritual exercises, "gymnastics" of respiration, many other aspects of Tibetan religious practice. David-Neel was practicing Buddhist, linguist, resident of Tibet for 14 years. 27 black-and-white illustrations.



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