



# Indian Spa Cuisine

*Manjit Singh Gill*

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*Manjit Singh Gill*

## **Indian Spa Cuisine** Manjit Singh Gill

With 50 recipes, this book proves a low fat diet can be delicious. With recipes like shredded chicken with bean sprouts, pomfret wrapped in papad, and stir-fried figs, "Indian Spa Cuisine" is a gourmet's delight.

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