



Coaching and Mentoring: Theory and Practice

Robert Garvey, Paul Stokes, David Megginson

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Coaching and mentoring are fast becoming essential aspects of modern managerial practice. And with this growth comes an increasing number of students embarking on mentoring courses. Authors Bob Garvey, Paul Stokes, and David Megginson have provided the first authoritative text with a comprehensive overview and critical grounding in the key concepts, models, and research studies in coaching and mentoring. This is an essential tool by which to gain a critical and contemporary understanding of this field.

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