



# The Elemental Journal: Composing Artful Expressions from Items Cast Aside

*Tammy Kushnir*

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## **The Elemental Journal: Composing Artful Expressions from Items Cast Aside** Tammy Kushnir

Create Expressive Books from Salvaged Treasures Rusty doorknobs, cardboard containers and plastic packaging may seem like trash to some, but through the creative mind, they are transformed into beautiful expressions - equally parts artful book and assemblage. The Elemental Journal will show you how to craft a wide variety of journals to hold your secrets or express your inner thoughts, and discover new ways to use wood, paper, fabric, plastic and metal in your art. Peek inside The Elemental Journal and you will find: 15 stepped-out journal projects made from unusual materials and found objects, from tree bark to dismantled photo albums to tin boxes. Tips for seeking out materials for your journals in flea markets, garage sales, and in your own attic or trash can. Inspiring gallery projects from 9 contributing artists, including Susan Tuttle, Jen Osborn and Jill Berry. One artist's trash is another's treasure. Discover yours with The Elemental Journal.

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