



My Health: An Outcomes Approach

Rebecca J. Donatelle

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The organization of the book into modules allows you to customize your study plan to fit your particular time constraints. Learning outcomes and "Check Yourself" review questions tied to these outcomes are part of each module, so you can learn the information and then test your understanding right away, getting immediate feedback on their progress. **My Health's** learning outcomes were developed and edited by instructors to ensure that they meet the course's needs nationwide.

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