



# How To Be Happy: 12 Powerful Steps to Boost Your Confidence, Win Friends, and Live a Happier Life Now

*David Kim*

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## **How To Be Happy: 12 Powerful Steps to Boost Your Confidence, Win Friends, and Live a Happier Life Now** David Kim

Do you want to be happier today? Every day? I wrote this book to share the practices I have applied to be happier when things got tough. Do you want to learn how to get unstuck in life? I wrote this book for you to share tips I have applied to move forward when life seemed at a standstill.

I will show you how to be happy with 12 powerful, yet simple actions you can take.

As you gain control over your happiness and master everyday life and thoughts, you can dream bigger, better, and build the confidence to achieve those dreams.

Apply the ideas in the book during that challenging day or week in your life, and see what you come away with. Happiness won't come to those who wait. So, read the book now and take hold of your life happiness.

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