



Teach Physical Activity & Skills Using Spectrum Teaching Styles Vol II: Due Games, Individual Sports & Fitness Dance, Martial Arts, Fencing and Other Physical Activities

Howard Zhenhao Zeng, Xiaozan Wang

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Nowadays, our children need physical exercises more than ever before due to the environment we live in; however, research showed how to effectively teach the physical activities and skills they need for their daily work out have been a big challenge. Regard to this concern, this book (Volume I. Team Sports, Volume II. Dual Game & Individual Sports, and Fitness. Volume III. Dance, Martial Arts, Fencing & Other Physical Activities) has provided a systematic theoretical framework of teaching and learning, and several hundreds of teaching examples that were rooted in a physical education teacher education (PETE) program, well designed, clear illustrated and attached with fantastic pictures. Secondly, this book is for teaching and learning physical skills and activities, so, no matter you are a student, a person who loves sports and physical activities, a student teacher, an in-service teacher or a professor of PETE program; you will get what you need. In brief, this book is user friendly, can make your learning and teaching easier, full fun and more effects, and this valuable book will help you to obtain better learning experiences and become a more skillful physical education teacher.

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