



Counseling Psychology: Third Edition (Gelso, Counseling Psychology)

Charles J. Gelso, Elizabeth N. Williams, and Bruce R. Fretz

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The first edition of this seminal book appeared more than twenty years ago and was acknowledged as the first comprehensive overview of counseling psychology. This long-anticipated new edition has been thoroughly updated to serve a new generation of undergraduate and graduate students and all readers who want to know more about the field. It has been skillfully reorganized to clearly present the history of the field, its foundational principles and practices, its relationship to other psychological disciplines, and its four primary therapeutic approaches psychoanalytic, cognitive-behavioral, humanistic, and feminist multicultural.

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