



## Play Therapy with Adolescents

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# Play Therapy with Adolescents

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Adolescents are often resistant, hostile, moody, and difficult, but they can also be fascinating, creative, spontaneous, and passionate. How do mental health professionals get past the facade? Play Therapy with Adolescents is the first book to offer a complete variety of play therapy approaches specifically geared toward adolescents. The chapters, written by experts in the field, offer readers entry into the world of adolescents, showing how to make connections and alliances.

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